

# MEDICAL CENTRE OPENING HOURS

MONDAY: 8:30AM - 5:30PM TUESDAY: 8:30AM - 5:30PM WEDNESDAY: 8:30AM - 5:30PM

THURSDAY: 9:00AM - 5:30PM FRIDAY: 9:00AM - 5:30PM SAT & SUN: CLOSED

# ALLIED HEALTH PROFESSIONALS WHO VISIT OUR MEDICAL CENTRE

### **DIETITIAN**

#### Shenae Miller (Fuel Your Life)

Shenae Miller is an Accredited Practicing
Dietitian with 'Fuel Your Life', and is
currently consulting at our clinic on a
Wednesday afternoon every four weeks.
Since graduating, Sheane has been working
in private practice. Shenae can assist you with
weight management for diabetes, irritable
bowel syndrome, mental health, cardiovascular
disease, malnutrition, hypertension and
mindful eating. Home visits on request.



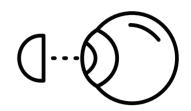
To make an appt, please call:

**4** 8556 8365

### **OPTOMETRY**

#### **Luke Higgins**

Luke consults at Mount Compass every second Thursday. His professional interests are eye disease management, sports optometry, ocular therapeutics, low vision rehabilitation and rural and community eye care. In addition to his clinical practice and business ownership of Luke Higgins Optometry, he is part of the teaching team at Flinders University (School of Optometry), works with the Royal Society for the Blind and is a Board Member of Optometry S.A.



To make an appt, please call:

**4** 8556 8365

### ORTHOPAEDIC SURGEON

#### Dr Gavin Nimon

Dr Gavin Nimon is an excellent orthopaedic surgeon who consults at Mount Compass every four weeks. He has extensive experience in arthroscopic surgery and specialises in shoulder, elbow, hand, wrist and knee surgery.



To make an appt, please call:

**4** 8376 9988

### **PHYSIOTHERAPY**

#### **Bruce Konings**

Bruce graduated in Physiotherapy at the University of SA in 1992, He worked in the public medical system in SA, NSW and QLD before starting a practice in Goolwa. Bruce is passionate about physiotherapy and believes strongly in patient education and empowerment. He has considerable success using the Ridgeway Method. Bruce is available Tuesday and Thursday as needed.



To make an appt, please call:

**\$** 8555 5961

# **PODIATRY**

### **Andy Chan**

Andy completed a Bachelor of Podiatry in 2007 at the University of Western Sydney. After graduating he worked in aged-care facilities and worked as a locum in private and outpatient clinics. He then founded Fleurieu Podiatry. He has extensive experience in geriatric podiatry and a keen interest in bio mechanics and orthotics. Andy works from Mount Compass Medical Centre every second Wednesday.



To make an appt, please call: 8556 8365

# **PSYCHOLOGY**

### **Wendy Finster**

Wendy is a well-qualified and experienced psychologist in health and clinical psychology. She visits Mount Compass Medical Centre every four weeks.



To make an appt, please call:

**\$** 8556 8365

# REMEDIAL MASSAGE

### **Kristy Bowe**

Kristy is a qualified Massage Therapist.

Have your aches and pains massaged away; relieve tension and stress from chronic conditions; receive help with recovery from injuries and relieve overworked bodies.

Every massage is targeted to each client.

Kristy is at the Medical Centre every Monday.



To make an appt, please call: 0417 866 035

# **AMPLIFON**

# **Hearing Care Specialists**

Amplifon are conducting free hearing tests and are dedicated to tailoring the best solution for you. With their extensive product range and customer first approach, you will be supported every step of the way. Amplifon are at our clinic once a month.



To make an appt, please call:

**4** 8556 8365

### **AUSTRALIAN CLINICAL LABS**

Australian Clinical Labs is a leading private provider of pathology services in Australia. ACL are here Monday, Tuesday and Wednesday morning between 8:30am and 12:30pm. No appointments are necessary, simply pop in while the ACL nurse is here.



# MENTAL HEALTH SOCIAL WORKER

### Sharlene Bevington

Sharlene is an accredited mental health social worker with post graduate qualification in Child Psychotherapy providing mental health counselling and disability services for all ages. Trauma focused with extensive experience with Autism, ADHD, intellectual disability, anxiety and NDIS clients. Sharlene consults on alternate Monday & Thursdays and can do home visits where suitable.



To make an appt, please call:

**\$** 8556 8365